

O.N.A.K.A.I.

THE OFFICIAL NGB FOR KARATE IN IRELAND



## RETURN TO DOJO

### COVID-19 CLUB RISK ASSESSMENT Template

O.N.A.K.A.I., as the NGB for Karate in Ireland, is complying with the Government and Sport Ireland's guidance for the reopening of sport and ensuring the Safety & Health of all our members. Each Member Club is required to undertake a risk assessment prior to reopening indoor training facilities and in order to help prevent the spread of Covid19. You are advised to amend the form as per the individual needs of Your club and to keep a copy of this Risk Assessment on your files.

IDENTIFY RISK	ASSESS RISK		ACTION REQUIRED		
	Identify those at risk	Identify level of risk High/Medium/Low	Control Measures	By Whom	Due Date
Risks relating to transmission of COVID19					
Spread of COVID19	All Club Members	High/Medium/Low	Follow O.N.A.K.A.I.'s <b>Return To Dojo Protocol</b> and share with members  Use the <b>Return To Dojo Checklist</b>  Use the <b>Self-Assessment – Screening Form</b>  Use signposting for social distancing, handwashing, sanitising  Add as required	Club Instructors, Child Officers and All Students, Parents, Volunteers	

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Access to Dojo/Training Facility	All Club Members	High/Medium/Low	Use sign-postage for social distancing Consider staggering classes to allow controlled access and exit from premises  Add as required	Club Instructors, Child Officers and All Students, Parents, Volunteers	
Access to Bathroom/ changing facilities	All Club Members	High/Medium/Low	Follow O.N.A.K.A.I. 's <b>Return To Dojo Protocol</b> . Encourage students to come prepared and ensure designated space for students to put safety gear on  Use staggered, allocated time for toilet breaks, ensuring hand washing and sanitising on re-entry to dojo  Add as required	Club Instructors, Child Officers and All Students, Parents, Volunteers	
Maintaining Social Distancing  Class size	All Club Members	High/Medium/Low	Follow O.N.A.K.A.I.'s <b>Return To Dojo Protocol</b>  Consider class size, student age and vulnerability when scheduling classes in order to minimise risk to exposure to health  Consider the necessity for parents and guardians to be present during training for u8s and inclusive students, limit where possible to 1.  Add as required	Club Instructors, Child Officers	
Maintaining Social Distancing  Before Training	Coaches and Students, Parents/Guardians	High/Medium/Low	Follow O.N.A.K.A.I.'s <b>Return To Dojo Protocol</b>  Appoint a class registrar – <b>do not share pens</b>	Coaches, Students, Parents/Guardians	

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			<p>Ensure that a register of students and accompanying parent/guardian is taken and available in digital form for contact tracing</p> <p>Receive Self-Assessment – Screening Form</p> <p>Follow the <b>No Handshake - Rei Only policy</b> and display posters for social distancing &amp; hand washing.</p> <p>Ensure social distancing is observed.</p> <p>Add as required</p>		
Maintaining Social Distancing  During Training	Coaches and Students	High/Medium/Low	<p>Follow O.N.A.K.A.I.'s <b>Return To Dojo Protocol</b></p> <p>Ensure no congregation at break time.</p> <p>Ensure <b>No water bottle sharing</b></p> <p>Ensure <b>No equipment sharing</b></p> <p>Follow the <b>No Handshake - Rei Only policy</b> and display posters.</p> <p>Follow social distancing signposting at all times.</p> <p>Add as required</p>	Coaches, Students, Parents/Guardians	
Maintaining Social Distancing  After Training	Coaches and Students, Parents	High/Medium/Low	<p>Follow O.N.A.K.A.I.'s <b>Return To Dojo Protocol</b></p>	Coaches, Students, Parents/Guardians	

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			<p>Ensure an orderly queue is formed, abiding by the 2m social distancing rule on exit from Dojo/Training Facility.</p> <p>No car sharing from outside of your household is permitted</p> <p>Add as required</p>		
Equipment Sharing	Coaches and Students	High/Medium/Low	<p>All sharing of equipment by students will be prohibited.</p> <p>Water bottles will not be shared and should be clearly labelled.</p> <p>Equipment that is not frequently used is locked away or in a designated storage space.</p> <p>Ensure each student has their own protective gear</p> <p>Ensure No personal protective gear sharing</p> <p>Students to take personal training gear home and are responsible for cleaning</p> <p>Follow O.N.A.K.A.I.'s <b>Return To Dojo Protocol</b> in relation to equipment sharing and dojo/Training facility - cleaning before &amp; after training</p> <p>Add as required</p>	Coaches and Students	
Lack of Member Education	All Club Members	High/Medium/Low	<p>Issue O.N.A.K.A.I.'s <b>Return To Dojo Protocol</b> and any Club specific Policy developed in response</p>	Coach, club committee	

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			Update Members with information on club activity, policies and protocols and changes to same via a newsletter and social media updates  Add as required		
Dealing with suspect COVID 19 case	all Club Members	High/Medium/Low	Inform Parent/Guardian  Send the individual Student home and ensure that the class register is complete and available in digital form for contact tracing  Follow up on student  Follow O.N.A.K.A.I.'s <b>Return To Dojo Protocol</b>  Add as required	Coach, Club Committee	
Add or delete items as required					

Assessment undertaken by \_\_\_\_\_ Print Name

\_\_\_\_\_ Signed

Dated \_\_\_\_\_